



| Woche 30 | Montag | Dienstag | Mittwoch | Donnerstag | Freitag | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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| Menü1 | <i>Geflügel-Hackmedaillon in Bratensaft, dazu Vollkorn-Gemüsereis</i> | <i>Pasta mista (fleischlos) mit fruchtiger Tomatensoße und Rohkostsalat</i> | <i>Helles Kalbs- Putenragout mit Petersilienkartoffeln und Erbsen-Maisgemüse</i> | <i>Schwäbische Gemüse-maultaschen mit Frischkäse-Kräutersoße</i> | <i>Kaiserschmarrn (ohne Rosinen) mit Apfel-Birnenkompott</i> | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | Krippenkinder ✓ | Krippenkinder alternatives Gemüse | Krippenkinder ✓ | Krippenkinder ✓ | Krippenkinder ✓ | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Allergenkennzeichnung | a1bc | a1be | a1ci | A1bc | A1bc | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Dessert | <i>Frisches Obst</i> | <i>Vanillepudding</i> | <i>Joghurt mit Früchten</i> | <i>Kuchendessert</i> | <i>-entfällt-</i> | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Allergenkennzeichnung | | C | C | A1bc | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Nährwertberechnung | <table border="1"> <tr><th>kcal</th><th>Fett</th><th>KH</th><th>P</th><th>BE</th></tr> <tr><td>308</td><td>7</td><td>41</td><td>280</td><td>3,5</td></tr> </table> | kcal | Fett | KH | P | BE | 308 | 7 | 41 | 280 | 3,5 | <table border="1"> <tr><th>kcal</th><th>Fett</th><th>KH</th><th>P</th><th>BE</th></tr> <tr><td>369</td><td>5</td><td>70</td><td>290</td><td>5,8</td></tr> </table> | kcal | Fett | KH | P | BE | 369 | 5 | 70 | 290 | 5,8 | <table border="1"> <tr><th>kcal</th><th>Fett</th><th>KH</th><th>P</th><th>BE</th></tr> <tr><td>385</td><td>12</td><td>35</td><td>360</td><td>3</td></tr> </table> | kcal | Fett | KH | P | BE | 385 | 12 | 35 | 360 | 3 | <table border="1"> <tr><th>kcal</th><th>Fett</th><th>KH</th><th>P</th><th>BE</th></tr> <tr><td>494</td><td>26</td><td>49</td><td>290</td><td>4,1</td></tr> </table> | kcal | Fett | KH | P | BE | 494 | 26 | 49 | 290 | 4,1 | <table border="1"> <tr><th>kcal</th><th>Fett</th><th>KH</th><th>P</th><th>BE</th></tr> <tr><td>454</td><td>20</td><td>56</td><td>300</td><td>3</td></tr> </table> | kcal | Fett | KH | P | BE | 454 | 20 | 56 | 300 | 3 |
| kcal | Fett | KH | P | BE | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 308 | 7 | 41 | 280 | 3,5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| kcal | Fett | KH | P | BE | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 369 | 5 | 70 | 290 | 5,8 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| kcal | Fett | KH | P | BE | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 385 | 12 | 35 | 360 | 3 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| kcal | Fett | KH | P | BE | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 494 | 26 | 49 | 290 | 4,1 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| kcal | Fett | KH | P | BE | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 454 | 20 | 56 | 300 | 3 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Menü 2 Veget/alternativ | <i>Gebackene Käseschnitte (Kuhmilch) mit Vollkorn-Gemüsereis</i> | | <i>Gehackte Champignons in Bechamelsoße, Petersilienkartoffeln und Erbsen-Maisgemüse</i> | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | Krippenkinder ✓ | | Krippenkinder ✓ | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Nährwertberechnung | <table border="1"> <tr><th>kcal</th><th>Fett</th><th>KH</th><th>P</th><th>BE</th></tr> <tr><td>492</td><td>22</td><td>56</td><td>300</td><td>4,6</td></tr> </table> | kcal | Fett | KH | P | BE | 492 | 22 | 56 | 300 | 4,6 | <table border="1"> <tr><th>kcal</th><th>Fett</th><th>KH</th><th>P</th><th>BE</th></tr> <tr><td></td><td></td><td></td><td></td><td></td></tr> </table> | kcal | Fett | KH | P | BE | | | | | | <table border="1"> <tr><th>kcal</th><th>Fett</th><th>KH</th><th>P</th><th>BE</th></tr> <tr><td>443</td><td>18</td><td>238</td><td>330</td><td>3</td></tr> </table> | kcal | Fett | KH | P | BE | 443 | 18 | 238 | 330 | 3 | <table border="1"> <tr><th>kcal</th><th>Fett</th><th>KH</th><th>P</th><th>BE</th></tr> <tr><td></td><td></td><td></td><td></td><td></td></tr> </table> | kcal | Fett | KH | P | BE | | | | | | <table border="1"> <tr><th>kcal</th><th>Fett</th><th>H</th><th>P</th><th>BE</th></tr> <tr><td></td><td></td><td></td><td></td><td></td></tr> </table> | kcal | Fett | H | P | BE | | | | | |
| kcal | Fett | KH | P | BE | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 492 | 22 | 56 | 300 | 4,6 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| kcal | Fett | KH | P | BE | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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| kcal | Fett | KH | P | BE | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 443 | 18 | 238 | 330 | 3 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| kcal | Fett | KH | P | BE | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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| kcal | Fett | H | P | BE | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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| Allergenkennzeichnung | a1bcg | | a1ci | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

Zu Ihrer Info: Unsere Menüzusammenstellung für Kita & Schulkinder richtet sich nach den Empfehlungen und Vorgaben der DGE –Deutsche Gesellschaft für Ernährung.
Krippenkinder: Wir kennzeichnen die Eignung mit Symbol (✓) und bieten auf Wunsch eine Alternative. Rufen Sie uns einfach an unter 6151/80038-138

und Senterzeugnisse + Spuren f: Sesam und Sesamerzeugnisse + Spuren g: Soja und Sojaerzeugnisse + Spuren h: Schalenfrüchte, Erdnüsse und Erdnusserzeugnisse, 1.Mandeln 2.Haselnüsse 3.Walnüsse 4.Kaschnüsse 5.Pecannüsse 6.Paranüsse 7.Pistazien 8.Macadamia/Quennslandnüsse + Spuren i: Schwefeldioxid und Sulfid j: Lupinen und Lupinenerzeugnisse k: Sellerie und Sellerieerzeugnisse + Spuren. Alle aufgeführten Stoffe sind auch in daraus gewonnenen Erzeugnissen enthalten. Wir verwenden jodiertes Speisesalz.

Deklaration: (S)Schweinefleisch, (R)Rindfleisch, (G)Geflügel, (K)Kalbfleisch (Kb) mit Knoblauch (F) Fisch Keine Verwendung deklarationspflichtiger Zusatzstoffe (z.B) Glutamate, künstl. Farbstoffe

Nährwertangaben pro Portion: Kcal (Kilokalorien) KH (Kohlenhydrate) Fett P= Portionsgröße mit Dessert in Gramm BE= Broteinheit pro Portion